



Northwoods Health System serves approximately 2,000 individuals each year and consists of six comprehensive rehabilitation and long-term care centers offering an effective alternative to extended hospitalization.



For referral and admission information or to schedule a tour, please contact the admissions office at 518-861-5141

NORTHWOODS AT GUILDERLAND'S SERVICES INCLUDE:

- Short-term rehabilitation for adults
- Physical, occupational, cognitive and speech therapy
- Respiratory therapy

Northwoods at Guilderland
 127 Main Street
 Guilderland Center, NY 12085
 p. 518-861-5141
 f. 518-861-5437



Hope,
 peace
 of mind

MEETING UNIQUE NEEDS:

- 24-hour Skilled Nursing
- IV Hydration
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Medical Care
- Pain Management
- Social Work
- Activities
- Dietary Services
- Dental Services
- Podiatry Care
- Hospice
- Barber & Beauty Services
- Laundry
- Religious Services
- Family Support
- Medicare/Medicaid Provider

Short-Term Recovery and Long-Term Residential Care for adults and the elderly are also provided at:

Northwoods at Cortland
 28 Kellogg Road
 Cortland, NY 13045
 p. 607-753-9631
 f. 607-756-2968

Northwoods at Hilltop
 1805 Providence Ave
 Niskayuna, NY 12309
 p. 518-374-2212
 f. 518-381-1688

Northwoods at Moravia
 7 Keeler Avenue
 Moravia, NY 13118
 p. 315-497-0440
 f. 315-497-0494

Northwoods at Rosewood Gardens
 284 Troy Road
 Rensselaer, NY 12144
 p. 518-286-1621
 f. 518-286-2739

Northwoods at Troy
 100 New Turnpike Road
 Troy, NY 12182
 p. 518-235-1410
 f. 518-235-1632

Web: www.northwoodshealth.net
E-mail: info@northwoodshealth.net



Northwoods at Cortland, Troy and Hilltop have earned the Joint Commission's Gold Seal of Approval™

and quality care for life



NORTHWOODS HEALTH SYSTEM

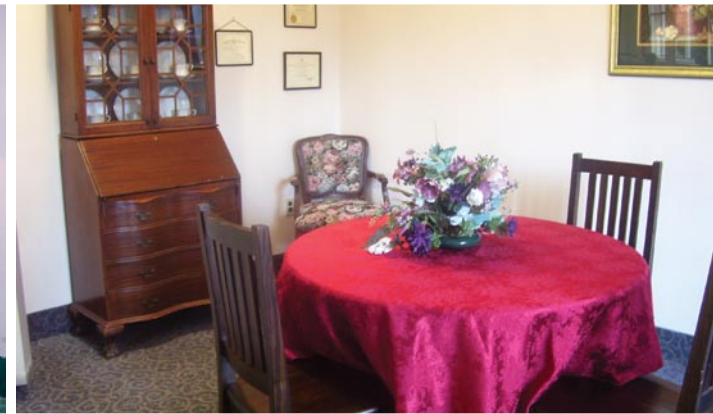
NORTHWOODS AT GUILDERLAND
www.northwoodshealth.net

Warmth and Assurance of Quality Care

Long-term residential and short-term recovery care placement can often be an overwhelming experience for an individual and his or her family. Quality care and the well-being of the individual are the main priorities. Medical professionals have recognized that advanced services and family involvement contribute to the highest level of independence, functioning and well-being of individuals within a skilled-nursing center.

Situated in a one story building on twelve acres of land at the foot of the Helderberg Mountains, Northwoods at Guilderland has been serving the medical needs of individuals since 1976. These beautifully landscaped grounds, naturally enclosed patio and wheelchair accessible dock and fishing area become the focus of many social and recreational activities.

Northwoods at Guilderland provides the warmth and assurance of quality care and services within a home-like environment. Families are an integral part of each resident's care plan and are encouraged to participate in the daily lives of their loved ones. Residents are also encouraged to participate in recreation and activities with their families.



EXTENSIVE THERAPY PROGRAMS

Short-Term Recovery Care

- Physical, occupational and speech therapy
- Social work and family support services
- IV therapy services
- Recreation therapies
- Rehabilitative nursing
- Transitional services for individuals returning home after a hospital stay
- Residential and comforting environment
- Pain management
- Wound care
- Nutritional assessment
- Orthopedic rehabilitation

Long-Term Residential Care

- Homelike environment
- Social and recreational activities

24-hour nursing care

- Hospice services
- Family activities and support programs

FAMILY SUPPORT SERVICES



ADMISSION

We encourage prospective residents and their families to schedule a tour and meet our knowledgeable staff. This will allow for a smooth transition from the hospital setting. Our clinically certified Regional Admissions Directors work closely with patients, families, hospital staff and physicians to determine the most appropriate treatment and setting.



AN EFFECTIVE ALTERNATIVE TO EXTENDED HOSPITALIZATION